



# Christ United Methodist Church ~ Recreation Ministry

The Recreation Ministry at Christ United Methodist Church has year round Co-Ed programs for children ages K4\*/K5-6th grade called CSports. We also offer a sports league through our church's youth program called "678", for 6th, 7th & 8th graders.

Our sports are back to back - when we begin our first game in one sport we usually begin taking registration for the next sport and so on. We are a Developmental League which has certain rules that demand that our focus is not on winning games. Our program is designed to

teach sports in a safe way in which each child is given an opportunity to learn skills, increase their knowledge of the game, gain self

confidence and enjoy being part of a team. Each coach is required to focus attention on all players.

Our C-Sports athletic programs put hundreds of players & coaches on the field or court each week. This program is built by the hard work of many people who are volunteering their time. Coaches, assistant coaches, team parents, referees and other volunteers are what make this league possible. Coaches and leaders provide spiritual enrichment through weekly devotions and relationship building. Many children and parents have acknowledged accepting Jesus Christ as their personal Savior during these sports seasons. All of these volunteers work hard to insure that all of the children who participate will experience God's love, peace and understanding.



## BASEBALL

Season: Spring

Ages: Boys K4\* - 4th grade

Girls K4 - 6th grade

Registration - December

Practice begins February

Games - Saturdays, March thru May

T-Ball K4 - K5 are Co-Ed teams

Coach Pitch 1st grade and up are separate boys & girls leagues



## FLAG FOOTBALL

Season: Summer

All Teams are Co-Ed Teams

Ages: Completed K5 (going into 1st grade) through completed 6th grade (going into 7th grade)

Registration - April

Practice - Begins end of May

Games - June thru July

Games on Thursday or Friday

All practices and games are from 5pm - Dark



## SOCCER

Season: Fall



All Teams are Co-Ed Teams

Ages: K4\* - 6th grade

Registration - June.

Practice - Begins Aug.

Games - Sept. thru Oct.

Games on Saturdays

## BASKETBALL

Season: Winter

Ages: K5 - 6th grade

Registration - Sept.

Practice - Begins Oct.

Games - Dec. thru Feb.

Games on Fri. or Sat.

K5 Co-Ed teams

1st - 6th Grade separate boys & girls league



# Young Runners Club

Seasons: Spring & Fall



Photo courtesy of Betty Clark

Ages K5-9th grade

Registration begins

in January for Spring & July for Fall.

Spring starts in late Feb, Fall starts in Late Aug.

Runners participate in 2 major Road races, held off CUMC campus in Mobile.

- K5-2nd grade team trains for a 1 mile run
- 3rd-5th grade team trains for a 5K
- 6th-9th grade team trains for a 5K and/or a 10K

## CHEERLEADING

Seasons: Summer & Winter

Ages: K4\*-6th grade

Depending on volunteer leadership and registered participants, cheerleading is held during summer Flag Football & winter Basketball season. There is also a summer Cheer Clinic in July.



Contact us:

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# CUMC YOUTH SPORTS LEAGUES

## 678 VOLLEYBALL

Season: Winter



6th, 7th & 8th grade Girls  
Registration - December  
Practice begins in February  
Games - February thru March

Practices are on Mon. & Tues.

Games are on Thurs. & Fri.

## 678 BASKETBALL

Season: Fall

6th, 7th & 8th grade. Separate boys & girls teams

Registration - June  
Practice begins in August  
Games - September thru October

Practices are on Tues  
Games are on Thurs.



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# CHILDREN'S SPORTS LEAGUES

Christ United Methodist Church Athletic Programs are an outreach for all children in the Mobile community.

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