



2011-2012 BASKETBALL

Parent Information:

It is the mission of this program to offer Christ centered character building, self-esteem, skill enhancing instruction, and spiritual nurturing to children and families of our church and community. As a sports program we will always strive to increase skill development, game strategy, game rules, and enjoyment of sports. It is our hope that sports can be “Christ-

like and Competitive” with an emphasis on doing one’s best while respecting the coaches, officials, and opponents. We as parents have a difficult job that offers great rewards. We must provide a safe, fun environment for our children to exercise and develop physical skills that will lead to a healthy and fulfilling lifestyle. We must encourage them positively with love and always remember that the most important thing to them is to have **FUN**.

We are a Developmental League which has certain rules that demand that our focus is not on winning games. Our program is designed to teach sports in a safe way in which each child is given an opportunity to learn skills, increase their knowledge of the game, gain self confidence and enjoy being part of a team. Each coach is required to focus attention on all players.

League “Player Game Rotations” are put in place to make sure all players play an equal amount of time, start and finish games and receive an equal amount of time and attention from the coach. This means that coaches are restricted from adjusting the league required Player Game Rotation. There may be a game where normally when behind in score, a coach could put all of the better skilled players in to increase their chance to win. But because of the rotation rule, it is not their turn to finish the game. This can be hard for some players and parents to understand but this is the nature of C-Sports.

On certain occasion when the score of a game becomes lopsided, we have a “Grace Rule” that requires the team in the lead to ease up, back their defense up to let the opposing team try to score all at the cost of losing a game. Winning is good but our purpose is to DEVELOP all players. Another example may be requiring a coach to adjust their game strategy to use the “Grace Rule” during a mismatch of talent by asking the team to pass the ball 5 times before shooting. Sometimes it may be asking teams that are in the lead to not let the one player who has scored many points to not shoot again. This is what is called a developmental league. If a player is told not to shoot again and they do they may be benched by their coach. This means that C-Sport’s is not for everyone. Some parents and players would enjoy a more aggressive league where the main focus is winning as many games as possible. We understand J. Remember that C-Sports is a positive environment. We do not permit parent to speak harshly to their own children, other children or parents. We do not permit arguing with a referee or umpires. Coaches must never use negative comments to players, other coaches or officials. Please keep this in mind if you invite a guest to our campus and make sure they know our rules. We want our players to hear only cheers and see lots of smiles.

League Positive Affirmation Rules: This program is built by the hard work of many people who are volunteering their time. Coaches, assistant coaches, team mom’s, referees and other volunteers are what make this league possible. These people work hard to insure that all of the children who participate will experience God’s love, peace and understanding. Please thank them every chance you get. Please review our “campus rules” and instruct visitors you bring.

- 1) Never speak negatively toward your child or any other player.
- 2) Never speak negatively toward an adult (coach, volunteer or another parent).
- 3) Never criticize a call made by an official. *complaints may be emailed to Dan McLaughlin

4) Please do not react poorly if your child does not win a game.

These rules are in place to insure that our focus is on “what is best for our children”. Children want to have fun and play the game. If you witness someone that you feel is not aware of these rules please bring it to our attention.

Age of players: The youngest player in this league must age 5 by September 1, 2011 - no older than current 6th grade.

Registration Fee : \$75 Basketball - These players will receive a complete new uniform. If you have your Shorts & Jersey from last year you will save money – IF you have your C-Sports Reversible Jersey (\$10 off), C-Sports Shorts (\$5 off). All players will receive a new T-Shirt. You can indicate the jersey # from previous year on your current registration form.

Equipment : All players must wear the entire C-Sports Basketball uniform. Except for players using Jersey or shorts from last year, all Basketball Players will receive a Red & White Reversible Jersey, Red T-Shirt, Red Shorts, and Individual Award. Each Player will need to purchase: pair of basketball shoes (non-marking soles, with ankle support, NO RUNNING SHOES) and White socks for games.

Sizing uniforms will be available when you register. You must select the correct size you want.

Parents who have to reorder for incorrect sizes will be charged for both uniforms.

Jewelry: No player is allowed to wear jewelry to practice or games. No rings, bracelets, necklaces, or **EAR RINGS**.

ALL PLAYERS MUST ATTEND EVALUATIONS.

Evaluations: in the Christ Center Mon. Oct. 11th & Tue. Oct. 12th. Children should wear tennis shoes.

Monday Oct. 10th

5:30pm - 1st & 2nd grade girls
5:50pm - 1st grade boys
6:20pm - 2nd grade boys
6:40pm - 3rd & 4th grade girls
7:00pm - 3rd grade boys
7:15pm - 4th grade boys

Tuesday Oct. 11th

5:30pm - K5 Girls
5:50pm - K5 Boys
6:20pm - 5th & 6th grade girls
6:40pm - 5th grade boys
7:00pm - 6th grade boys

All 1st Time Parents Must Attend Parent Conference

Parent Conference : All parents are encouraged to attend the Parent Conference.

1st time parents (1st time your child has played C-Sports) MUST attend Parent Conference.

The Parent Conference is held **during** the evaluation times just before your child is evaluated.

Forming Teams : Assignment of players to teams will be done by the Recreation Ministry based on abilities of players as determined by an evaluation process of skills. Most children in the same grade will have the same practice night and time. **Parents are discouraged from requesting teammates (for car pool purposes) or coaches.** We do this so all teams have beginner, seasoned and advanced players, so that the teams will be balanced.

1st – 6th Grade Players: There will be a Players Basketball Clinic w/ Coach Berry from the Univ. of Mobile on Sat., Nov. 12th 9:00a.m. – 11:00a.m. in the Christ Center Gym for 1st – 6th grade.

Coaches, Assistants, Referees, and TEAM MOMS or DADS are needed. Please ask someone at the rec desk for a coaches packet which includes our “yellow” volunteer form as well as all of the Safe Sanctuary documents we require for anyone volunteering to work with children.

Coaches: **All coaches must attend one of these training classes:**

Evaluation Training Meeting will be Monday Oct. 3rd, 6:00p.m. Coaches need to be at evaluations on Oct. 10th &

Oct. 11th.

Meeting & Roster handout will be on Thursday Oct. 27th at 6:00pm.

Coaches are encouraged to attend & observe the players at the Players Basketball Clinic w/ Coach Berry from the Univ. of Mobile on Sat., Nov. 20th 9:00a.m. – 11:00a.m. here in the Gym.

Practice: Begins November 1st (Monday practice will meet on Friday instead due to it being “Halloween”). If you need a specific practice time, please indicate time on your registration form and we will **“TRY”** to accommodate your needs. There will be three different sets of practice times. The first practice set will start at 5:30pm and end at 6:30pm. The second practice set will start at 6:30pm and end at 7:30pm. The third practice set (****If needed for 5th and 6th only**) will start at 7:30pm and end at 8:30pm. Your child will be in one of these practices and will stay in that time slot.

K5: Mondays 5:30pm - 6:30pm or 6:30pm - 7:30pm

1st & 2nd grade: Thursdays 5:30 - 6:30pm or 6:30 - 7:30pm

3rd & 4th grade: Tuesdays 5:30 - 6:30pm or 6:30 - 7:30pm

5th & 6th grade: Monday 6:30 - 7:30 or 7:30 - 8:30pm or Tuesday 7:30 - 8:30pm or Thursday 7:30 – 8:30pm (coaches choice)

**Normally 3rd – 6th grade players will have only one practice. This year we will have an Extra PRACTICE on Friday's in November before season games begin. Practice times will vary.*

Games: All games will be played in the Christ Center. There will be Friday night and Saturday games. Team game schedules will be handed out during team Pictures Nov. 21st or 22nd. Also Game schedules will be available to view and download on our Church Website: www.cumc-sports.com

Game Dates: There will be 8 games for each team.

Saturday games dates: Dec. 2nd & 3rd, 9th & 10th, 16th & 17th, Jan. 6th & 7th, 13th & 14th, 22nd & 23rd, 27th & 29th and Feb. 3rd & 4th.

Team Pictures: Pictures will be taken by PPI on Monday, November 21st & Tuesday 22nd. Your child's team will be given a photo schedule time and you will receive an order form at practice the week before. Additional order forms will be available at picture time. **There will be no Practice on these nights.**

Celebration: We will have an end of the season celebration in the Christ Center Gym on Sunday January 29th at 3:00 p.m. Coaches and other volunteers will be recognized and players will receive an individual trophy. Our Audio Video Department will put together a video of the kids that will be shown then as well. Teams will sit together. Mark your calendars now and try to attend.

During games players will be expected to be on the bench if they are not on the court. It's distracting and difficult to keep up with them if they are running to their parents at will. This will allow coaches to make sure everyone is accounted for and gets their proper turn to play. Please encourage your child to follow this rule.

Parents are expected to be present at all practices and games. You must bring your child to the coach and you may not drop them off in the parking lot and leave. If you must leave campus, you must give your coach your cell phone # and return 10 minutes before practice ends. Parents will be put to work if they are willing! Parents are not allowed on the court for games. There must be an adult in the bench area at all times for those children waiting their turn on the court.

Have your child at the game at least **15 minutes early**. They must be with their team and coach and in the tunnel lined up 10 minutes prior to game time.

You are the key to your child's development and enjoyment. Work with them at home. They can practice dribbling,

passing & shooting (if you have a goal) to work on the mechanics of the skill itself. Be encouraging!! You are their best cheerleader!!

Thank you again for allowing Christ United Methodist the opportunity to work with your children. We take this responsibility very seriously and will do all that we can to meet the goals I detailed at the beginning of this letter. Please call me if there is anything you need or that I can do. I welcome both compliments and criticism (constructive, of course!) – If you see something that CUMC can do better, please speak up!

May God Bless You & Your Family,

Dan W. McLaughlin
Sports Activities Minister
Christ United Methodist Church
Recreation Desk 706-3326
CUMC 342-0462 www.cumc-sports.com

“In all thy ways acknowledge Him and He shall direct thy paths.” Prov. 3:6

Recreation Ministry Staff E-mails:

Recreation Minister - Steve Ellisor - steve@christumcmobile.com
Sports Activities Minister - Dan McLaughlin – dan@christumcmobile.com
Recreation Assistant – Rose Farnell - rose@christumcmobile.com
Recreation Assistant - Marcia Horn - marciah@christumcmobile.com

Coach Michael Berry of the University of Mobile and members of the Lady Rams will coach a Free Clinic for all Registered Boys & Girls C-Sports Basketball Players that are 3rd grade - 6th grade on Saturday, November 5th, 9am to 11am at the CUMC Christ Center GYM.

CSports Basketball League Rules

- ◇ Team Devotions will be done in the middle of practice. Teams will be doing a team prayer before each game.
 - ◇ Kindergarten - 2nd grade will play “Man on Man” using the color band to determine who guards who.
 - ◇ 3rd & 4th grade teams and 5th & 6th grade teams will be taught “Zone Defense”. We feel that this is more reflective of the type of basketball that your child will encounter if they continue progressing into basketball. Man on Man will be used occasionally.
 - ◇ 3rd & 4th grade teams will be allowed to use half court press in certain situations and at certain times.
 - ◇ 5th & 6th grade teams will be allowed to use half court press and full court press in certain situations and at certain times.
 - ◇ 3rd & 4th grade teams and 5th & 6th grade teams at times will be using 3 refs.
 - ◇ Due to the size of our league we are not able to handle request for practice nights and carpool buddies. Practice nights are the same for age groups in all of our school year sports.
Example: 1st & 2nd grade will always practice on Thursday evening. This is done so parents can plan other activities for the year. Early or late practice times may be requested but it is ***impossible to always honor those request***. If your child is placed on a team that practices at a time that you cannot bring them, we can refund your money.
 - ◇ 3rd & 4th grade teams and 5th & 6th grade teams will wear a color band on the players left shoulder, move it to the right shoulder after receiving one foul, and sit the bench after their 2nd foul. The player will sit out the remainder of the period he/she fouled out and the next complete period.
 - ◇ Clock will run except during substitution periods and the last 2 minutes of the game. Examples: If ball goes out of bounds or a player is hurt.
- FINAL TWO MINUTES OF THE GAME (3rd – 6th Grades ONLY):** In the final two minutes of the game, the following rules go into effect:
- If it is a close game (use 6 points as a general rule but lead referee must determine and let score/time keeper know), the referee will signal for the time to stop for a foul, shooting of a free throw, ball goes out of bounds. Violations / change of possession and substitutions may also stop the clock if necessary.
- 3rd – 6th (full court games) may stop the clock if there is an injury whether the score is close or not. If the player that is hurt cannot be moved immediately then the game is over.